

JAG-WIRE



Hilliard Bradley Athletic Boosters

Bradley Strong!

HBAB Contact Info

P.O. Box 1413, Hilliard, OH 43026
@BradleyAB on Twitter
hilliardbradleyab.com
Membership forms are available on the website.
Monthly meetings are held on the 2nd Monday of every month, 7pm at the Auxiliary Commons of HBHS.

President — Sheryl Hatcher, jagshbab@wowway.com
Vice President — Doug Beveridge, hbabviceprez@gmail.com
Treasurer — Kelly Montgomery, kmontgom@columbus.rr.com
Secretary — Lisa Miller, hbabsecretary@gmail.com

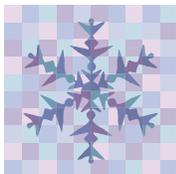
Support Bradley Athletics!

Monday, 3/18 @ Applebee's 11am to close, 10% of sales will be donated to **Boys' Lacrosse** with a flyer.

Monday, 4/8 @ Max & Erma's 11am to close, 20% of sales will be donated to **Boys' Lacrosse** with a flyer.

Baseball Specialty Skills Camp, Friday, 3/22: for 1st – 8th graders, \$25 per session or \$60 for all 3.

Have an iPhone 4 or 4s and want a super cool **Hilliard Bradley phone case**? The HBAB is currently selling them for \$20. The Athletic Department has a limited supply...come and get yours today!



Both the Gymnastics and Girls Basketball Teams suffered devastating losses in their respective families during this past Winter season.

The Gymnastics team wore red ribbons at a recent meet to symbolize stroke awareness.

For their game on December 7, the Lady Jags Basketball team wore pink headbands, ribbons, socks and shoelaces to support breast cancer awareness. An overwhelming number of students crowded the student section and the fan and staff turnout was fantastic as well. Most in attendance were dressed in pink.

It was truly amazing to see the support that the Bradley community shows towards its own family. We are indeed Bradley strong!



Gymnastics Team showing their support for stroke awareness.



Lady Jags Basketball Team showing their support for breast cancer awareness.

Athletes of the Month

December

Jon Satre – Boys Swimming
Ally Duckworth – Gymnastics

January

Ryan McGrath – Wrestling
Feaira Crews – Girls Basketball

February

Britney Gliva – Girls Bowling
Sam Riggs – Wrestling

Boys' Lacrosse – Season Outlook

The Hilliard Bradley Boys' Lacrosse team has been preparing for the upcoming spring season since its loss to Hilliard Davidson in a state tournament qualifying match last year. During the summer, many players chose to participate in the Columbus Lacrosse League held on Wellington's turf field. Others attended nationwide camps to improve their skills, strategies, and knowledge of the game. After a short break from the summer season, the team gathered on the small field next to the marsh and woods on Bradley HS' south side to play 3v2 pick-up games.



Hilliard Bradley Boys' Lacrosse

This game reminds us why lacrosse is the fastest game on two feet while demanding quick, crisp passing and defensive slides. As the season shifted again to winter, a big group of players signed up to play indoors at the Continent's All-Stars Family Sports facility and Easton's Resolute Athletic complex. The indoor season was a fast 5-on-5 game that highlighted the signifi-

cance of passing the ball with speed and precision.

After a losing season last year, a team has only two choices: tuck its tail and run or work harder than ever to be triumphant. Acclimation began on February 25th and full-pad practices started on March 4th. Come out and support the Boys' LAX team in their 2013 season, starting with their home opener against the Sycamore Aviators on March 30th at 11:00 am and 1:00 pm. Go Jags!

BRADLEY BASEBALL VISION STATEMENT

"We will build a Bradley baseball program that will be a positive, hardworking and disciplined team that plays together. We are a no excuse program. We will have fun, have integrity, show sportsmanship, and strive to achieve greatness on and off the field."

Bradley Baseball Thanks You!

The Bradley Baseball coaches, athletes and families would like to extend a HUGE thank you to everyone that participated in any way to the success of our Third Annual Pasta Dinner & Silent Auction held on February 8th. To those of you that sold or purchased tickets, donated items for the dinner and/or the Silent Auction, and/or volunteered your time ... we couldn't have done it without YOU! Also, we want to extend a huge THANK YOU to Ann & Tony's Restaurant in West Jefferson for catering the event.

We believe the increase in number of tickets sold this year was due greatly in part to everyone's love of Ann & Tony's! Hopefully we'll see you all again next year! The boys are already working hard and the coaches and parents are excited to see them out on the fields. Please be watching the announcements for special game promotions and giveaways. We encourage you to come out and support the Bradley Baseball Jags in our fourth sea-

son as they PLAY BALL! The Bradley Baseball season begins April 1st!



Athletic Trainer News: New Concussion Language



Ohio has a new concussion law (HB 143) that will go into effect April 26, 2013. Under the new

law, the Ohio Department of Health (ODH) is required to post online trainings for coaches and referees as well a concussion information fact sheet for parents and athletes. In addition to required materials, ODH has also developed a frequently asked questions document, fact sheets for coaches and parents and posted additional resources on concussions in

youth sports.

Ohio's return to play law is intended to protect the brains of young athletes by promoting the recognition and proper response to concussions when they first occur in order to prevent further injury or even death. In addition to new training requirements for coaches and referees, the law requires any young athlete participating in school or organized recreational sports to be removed from practice or play if they are suspected of sustaining a concussion. The athlete is then prohibited from returning to

practice or play until they have written clearance from an authorized health care provider. The act also provides that a district board or other school governing authority that is subject to the rules of an interscholastic conference or an organization (such as the Ohio High School Athletic Association, OHSAA) that regulates interscholastic conferences or events is to be considered to be in compliance with the act's provisions, as long as the requirements of those rules are "substantially similar" to the act's requirements.

The OHSAA has issued a statement that it plans to issue new guidance relating to HB143. It was expected that the Board of Directors will authorize the appropriate changes to OHSAA regulations at its meeting scheduled for February 14, 2013.

At that time, all schools and officials will be advised of the changes.

More information about the law is available at:

<http://bradleyjaguars.hilliardschools.org/athletic-training/concussionimpact>

News from the Lanes

It was a year of ups and downs, highs and lows but the light is always at the end of the tunnel. The Jaguar Boys' Bowling Team struggled this year at times due to lack of seniors. There were no seniors on the team this year after 6 graduated from last year's team. The boys showed what they were capable of at times while also showed the lack of maturity on the lanes at others. The team will show a lot of strength next year from the building they did this year and

they are capable of making districts and the state tournament next season if they all come together.

The Jaguar Girls' Bowling Team only had 2 seniors this year: Emily Dublin and Britney Gliva. They showed great leadership but again lacked the strength to do what we needed to do. The girls were able to pull games together to win our division in the OCC for the second year in a row and there are a lot of bright spots for the future. If

they work together, they can easily make districts and possibly states with a little luck.

The Bowling Team also held its 2nd annual Jaguar Baker Marathon at Wayne Webb's Columbus Bowl on January 26th. 46 high school teams from around Ohio participated. It was a long day but very good day and a very successful fundraiser for the team. Green High School won the boys' division and Cardington Lincoln won the girls'. The 3rd annual edition will be on January 25, 2014. Come out and experience high school bowling at its best!



Hilliard Bradley Bowling

Hilliard Bradley Gymnastics Recap

The Hilliard Bradley Gymnastics Team topped off their undefeated 5-0 OCC season by winning the 2013 OCC Championship meet Saturday, February 9 at Thomas Worthington HS. The team captured their second OCC Title in the last four years. Ally Duckworth earned the 2013 1st place All-Around Champion, senior Kayla Malik followed her claiming 3rd place All-Around, while Hannah Rich-

ards claimed the 5th Place All-Around position.

In addition, there were several individual medal placements.

These included on Vault: Kayla Malik 1st Place, Hannah Richards 5th Place; on Bars: Kayla Malik



2nd Place, Ally Duckworth 3rd Place, Gabby Colaiacovo 5th Place, and Emily Wawrzyniak 6th Place; on Beam: Ally Duckworth 1st Place and Hannah Richards 2nd Place. On Floor: Kayla Malik 2nd Place,

Hannah Richards 3rd Place and Ally Duckworth and Erin Lee tied for 6th Place. Gabby Colaiacovo received the Senior Scholar Athlete Award. We would like to wish our two graduating seniors, Gabby Colaiacovo and Kayla Malik the best of luck in their future endeavors. We will miss them as they have been valuable assets to the Varsity Gymnastics program at Bradley over the last four years. Thank you for all of your hard work and dedication.

Changes in Sport Physicals at Bradley

As OhioHealth Sports Medicine has grown and changed so has the need for our physicals process. We realize that the past model of sports physicals in a high school is not sustainable. As medicine and standards of care have changed so must we. After several months of evaluating and discussing we have decided to move towards larger regional sites in medical facilities (as much as possible). Our goal is by having more staff, better facilities, slightly longer hours but substantially fewer dates the new model will be better exams and easier for the physicians who volunteer their time.

We also realize that with so many different stakeholders in

a process like sports physicals that there will never be 100% agreement on all aspects. Some schools will continue with physicals on their own at their own facilities. With that said more and more high schools are opting not to host or have physicals at all. At the conclusion of this school year we will once again sit down and evaluate the process and discuss any changes going forward after that. However, for this school year we are all in with the regional model and are committed to making it a success in customer service and satisfaction.

What you need to know as a Bradley student-athlete:

- First and foremost this sport

physical (as well as ALL physician interaction during school coverage) is not meant to replace regular or as needed visits to your primary care physician (PCP). Physicals and on site school or event coverage by an athletic trainer and/or physician are simply an adjunct intervention in an area of specialty.

- Sports physicals are best performed by the student-athlete's primary care physician. However, station based physical exams run by athletic trainers and fellowship trained sports medicine team physicians provide an appropriate alternative to physicals that would be provided by an urgent care or other conven-

ience based pharmacy/outpatient treatment setting.

Who should attend?

- These exams are meant for athletes with relatively "clean" medical histories and are used to screen for and detect medical or physical conditions that may put the student athlete at risk for future problems. Any athlete who is currently under the care of their PCP for a medical condition/injury/illness or those with previously diagnosed medical conditions/injuries/illnesses, especially cardiac conditions that might preclude or limit participation in sports are advised to get your medical exam from your PCP.

(continued on page 6)

2012-2013 Winter Sports Awards

OCC / All-League Selections	District / Regional / State Awards
<p><u>Boys Basketball</u></p> <p>Scholar Athlete – Dhruv Patel Honorable Mention All-OCC – Brady Simpson</p>	
<p><u>Girls Basketball</u></p> <p>Scholar Athlete – Kayce Pharaazyn Honorable Mention All-OCC – Ashley Hummel 2nd Team All-OCC – Feaira Crews 1st Team All-OCC – Meredith Miller</p>	<p>All-District Honorable Mention – Feaira Crews All-District Honorable Mention – Meredith Miller</p>
<p><u>Swimming</u></p> <p>1st Team All-OCC (100 yd Backstroke) – Jon Satre</p> <p><i>(Jon currently holds the record at Bradley for the 200 Freestyle, 100 Backstroke, 50 Freestyle, 100 Freestyle AND holds the record of ALL HILLIARD SCHOOLS in the 200 Freestyle and 100 Backstroke.)</i></p>	<p>State Qualifier (100 yd Backstroke) – Jon Satre District Qualifier (200 yd Freestyle) – Jon Satre</p>
<p><u>Gymnastics (OCC Champions)</u></p> <p>Scholar Athlete – Gabrielle Colaiacovo Honorable Mention All-OCC (Bars) – Gabrielle Colaiacovo Honorable Mention All-OCC (Bars) – Emily Wawrzyniak Honorable Mention All-OCC (Floor) – Erin Lee Honorable Mention All-OCC (Vault & All-Around), 3rd Team All-OCC (Floor), 2nd Team All-OCC (Beam) – Hannah Richards 3rd Team All-OCC (All-Around), 2nd Team All-OCC (Bars & Floor), 1st Team All-OCC (Vault) – Kayla Malik Honorable Mention All-OCC (Floor), 3rd Team All-OCC (Bars), 2nd Team All-OCC (Vault), 1st Team All-OCC (Beam & All-Around) – Ally Duckworth</p>	
<p><u>Girls Bowling (OCC Champions)</u></p> <p>Scholar Athlete – Britney Gliva 3rd Team All-OCC – Summer Ryan 3rd Team All-OCC – Emily Dublin 1st Team All-OCC – Britney Gliva</p>	<p>District Qualifier – Britney Gliva</p>
<p><u>Boys Bowling</u></p> <p>3rd Team All-OCC – Brady Hall 2nd Team All-OCC – Brandon Knadler</p>	
<p><u>Competition & Basketball Cheerleading</u></p> <p>Scholar Athlete – Devin Baith</p>	
<p><u>Wrestling</u></p> <p>Scholar Athlete – Sam Riggs Honorable Mention All-OCC – Luke Hammond 4th Team All-OCC – Justin Lemmermen, Keegan Driscoll, Jacob Pugh 3rd Team All-OCC – Rob McGrath, Fraser Smith 2nd Team All-OCC – CJ Campbell, Will Stratton, Jake Stratton 1st Team All-OCC – Ryan McGrath, Chris Wall, Hunter Kidd, Sam Riggs</p>	<p>(Sectional Team Champions) Academic All-Ohio – Jake Stratton Sectional Champions – CJ Campbell, Rob McGrath, Ryan McGrath District Placers – Rob McGrath, Ryan McGrath, Sam Riggs, Jake Stratton State Qualifier – Jake Stratton State Alternate – Sam Riggs</p>

Orders due
March 20th!

Hilliard Bradley Athletic Boosters

2013 Mulch Madness Sale

FREE Delivery*
Scheduled delivery of mulch is Sunday, April 7th



Product & Description	Price
Hardwood (Natural Dark Brown)2CF	\$4.75
Absolute Black(Color enhanced)2CF	\$5.00



Thank You for Supporting
Our Athletic Programs by
Purchasing Mulch!

Free Delivery to your home driveway within the Hilliard School District with orders of 10 bags or more
Pick up mulch April 7th from 1pm-5pm at Hilliard Bradley High School (less than 10 bags only)

How much do I need? Multiply the length and width of area to get the square footage.
A 2 CF bag of mulch will cover 12 sq ft at 2" deep.

Order Forms with Payment are due no later than Wednesday, March 20th, 2013

Questions?? Contact any officer; Sheryl Hatcher - jagshbab@wowway.com,
Kelly Montgomery - kmontgom@columbus.rr.com, Doug Beveridge - hbabviceprez@gmail.com,
Lisa Miller - hbabsecretary@gmail.com Forms also available at www.hilliardbradleyab.com

Make Checks Payable to: Hilliard Bradley Athletic Boosters

ORDER FORM

Name: _____ Email: _____
 Address: _____ Zip _____
 Subdivision and/or major intersection: _____
 Phone #: Home: _____ Cell: _____

Product & Description	Quantity	Price	Total
Hardwood (Natural Dark Brown) 2CF Bag		\$4.75ea	\$
Absolute Black (Color Enhanced) 2CF Bag		\$5.00ea	\$
I would like to make a Donation:			\$
Please specify Sport: Girls Golf			
Delivery 10+ bags			FREE
Delivery less than 10 bags \$5.00			
TOTAL AMOUNT PAID	CASH	CHECK	\$

(Your check is your receipt. If paying by cash please ask for a receipt)

Drop off order form & Payment to Athletic Office at Bradley High or
 Mail: Hilliard Bradley Athletic Boosters, Mulch Sale, P.O. Box 1413, Hilliard, OH 43026
 Credit Card orders accepted online www.hilliardbradleyab.com

Sold By:	Sport:
Delivered By:	Sport:

ONE (1) Sport per order form, PLEASE!



Changes in Sport Physicals at Bradley (continued from page 3)

Why the change from previous years at Bradley?

- We are using medical facilities as much as possible to allow for more physician coverage, a better quality exam and exam environment.
- Your student-athletes are welcome to attend ANY of the regional locations based on what day and time is most convenient. This allows alternative options since the date/time at Bradley was never convenient for everyone.

What is the cost?

- There will be NO CHARGE for Bradley student-athletes who attend an OhioHealth Region-

al Location.

What do I need to know for the day of physicals?

- Every athlete will receive a number at check in and be called back in numerical order. We will do our best to move through as quickly as possible but understand that all the physicians are volunteering and they want to make sure each individual athlete gets all their needs addressed completely and thoroughly.
- Parents are ENCOURAGED to go to all the stations with their son/daughter as well as be in the room during the physician exam. If a parent or

guardian is NOT present ALL 6 pages of the OHSAA physical form need to be fully completed, signed and dated in order for your athlete to receive a physical.

- * Page 1/2 Notes – Please include Date of exam, Name, DOB, Sex, Age, Grade (upcoming 2013-2014 SY), School and Sport(s); answer all questions including the insurance information at the very bottom of the page and provide additional information as needed; 2 SIGNATURES/DATED
- * Page 3 Notes – Please include Name and DOB,

the remainder of this page is done during the exam

- * Page 4 Notes – Please include Name, Sex, Age and DOB; make sure the physician or designee completes all required info: Participation status, Printed Name, Date of Exam, Address, Phone and signature; parents will need to complete the Emergency Information Section
- * Pages 5 & 6 - PRIOR TO RECEIVING A PHYSICAL BOTH pages needed to be FULLY COMPLETED 2 SIGNATURES, DOB, DATED, school contact info and grade. Per OHSAA rules without a fully completed page 6 the athlete is INELIGIBLE to participate.

Sports Physicals Schedule

Date	Location	Arrival Times
Thursday May 2nd	OhioHealth McConnell Heart Health Center 3773 Olentangy River Rd, Columbus, OH 43214	Rising 10th-12th Graders 5:30-7:00 PM Rising 7th-9th Graders 7:15-8:30, Last Check in 8:30 PM
Thursday May 16th	OhioHealth Dublin Sports Medicine Center 6955 Hospital Drive (formerly Dublin Health Center), Dublin, OH 43016	Rising 10th-12th Graders 6:00-6:45 PM Rising 7th-9th Graders 7:00-7:45 PM, Last Check in 8:00 PM
Saturday May 18th	OhioHealth Delaware Health Center 801 OhioHealth Blvd., Delaware, Ohio 43015	Liberty HS/MS 9:00-10:00 AM, Olentangy HS/MS 10:00-11:00 AM, Orange HS/MS 11:00-Noon Hayes/Buckeye Valley/Others 12:00-12:45 PM Last Check in 12:45 PM
Tuesday May 21st	OhioHealth Westerville Medical Campus 300 Polaris Pkwy, Westerville, OH 43082	Last Names A-M at 6:00 PM Last Names N-Z at 7:30 PM, Last Check in at 8:15 PM
Saturday June 1st	Ohio University – Lancaster 1570 Granville Pike, Lancaster, OH 43130	Last Names A-H 8:00-8:30 AM Last Names I-P 9:00-9:30 AM Last Names Q-Z 10:00-10:30 AM, Last Check in 10:45 PM
Saturday June 8th	OhioHealth Pickerington Sports Medicine Center 1797 Hill Road North, Pickerington, Ohio 43147	Rising 9th Graders 8:00-9:30 AM Rising 10th Graders 9:30-11:00 AM Rising 11th Graders 11:00-12:30 PM Rising 12th Graders 12:30-1:30 PM, Last Check in 1:30 PM
Saturday July 20th	OhioHealth Grove City Health Center 2030 Stringtown Road, Grove City, Ohio 43123	Rising 10th-12th Graders 9:00-10:30 AM Rising 7th-9th Graders 10:30-Noon, Last Check in at Noon

2012 Fall Sports Awards*

OCC / All-League Selections	District / Regional / State Awards
Football*	All-District 2nd Team: CJ Wall All-District Special Mention: Matthew Bryant All-District Honorable Mention: Tommy Horn All-Metro Honorable Mention: CJ Wall

* These Fall awards were not available at press time for the Fall newsletter.